

## The Zach Strief “Dream Big” Foundation Fifth Annual Football Camp

### Zach Strief’s Mission Statement

The “Dream Big” Foundation is dedicated to providing opportunities to children in the form of educational growth and life skills lessons coming from positive role models. The Zach Strief “Dream Big” Foundation, a Fund of The Greater Cincinnati Foundation, is focused on providing a financial commitment to assist children in their physical and mental development.

**Dates:** Saturday, June 25<sup>th</sup> & Sunday, June 26<sup>th</sup>  
**(Zach Strief will be signing autographs after lunch on Sunday, June 26<sup>th</sup>)**

**Time:** 10:00 a.m. – 3:00 p.m.

**Where:** Milford High School Athletic Fields (Eagle Stadium and fields on HS/JH campus)

**Cost:** Early Bird registration \$65.00 two-day camper or \$35.00 one-day camper

- Registration on camp day \$75.00 two-day camper
- Registration on camp day \$40.00 one-day camper

**Each camper receives:** T-shirt, wristband, and lunch

**Enrollment:** Student athletes entering 3<sup>rd</sup> through 8<sup>th</sup> grades are eligible to attend.

**Daily Activities:** The camp will focus on the techniques of the game. Our coaches will focus on teaching fundamentals that all players must use to be successful. We believe there are certain techniques and principles that are universal at all levels of football. Our focus will be to teach each camper the game of football in a way that will help him/her perform at a higher level. Areas of instruction will include: proper stance, blocking techniques, running techniques, ball handling skills, throwing mechanics, receiving skills, defeating blocks, proper pursuit, proper tackling, pass coverage, and more!

**Lunch:** A mid day break will be given for lunch. Water and sports drinks will be provided during the camp.

**Staff:** The staff will include current and past Milford High School players as well as the Milford High School coaches. **Zach Strief will be present both days of camp!**

**Registration:** You can log on to the Milford Athletics website at [www.milfordathletics.org](http://www.milfordathletics.org) to download enrollment and medical forms. Forms will also be available for pick up at Milford High School in the Athletic Office. An **Enrollment Form** and **Emergency Medical Form** must accompany payment to register.

**Mail forms and registration fee to:** *Head Football Coach Shane Elkin, Milford High School, One Eagles Way, Milford, Ohio 45150.*

**Questions:** Email any questions to Shane Elkin at [elkin\\_s@milfordschools.org](mailto:elkin_s@milfordschools.org)